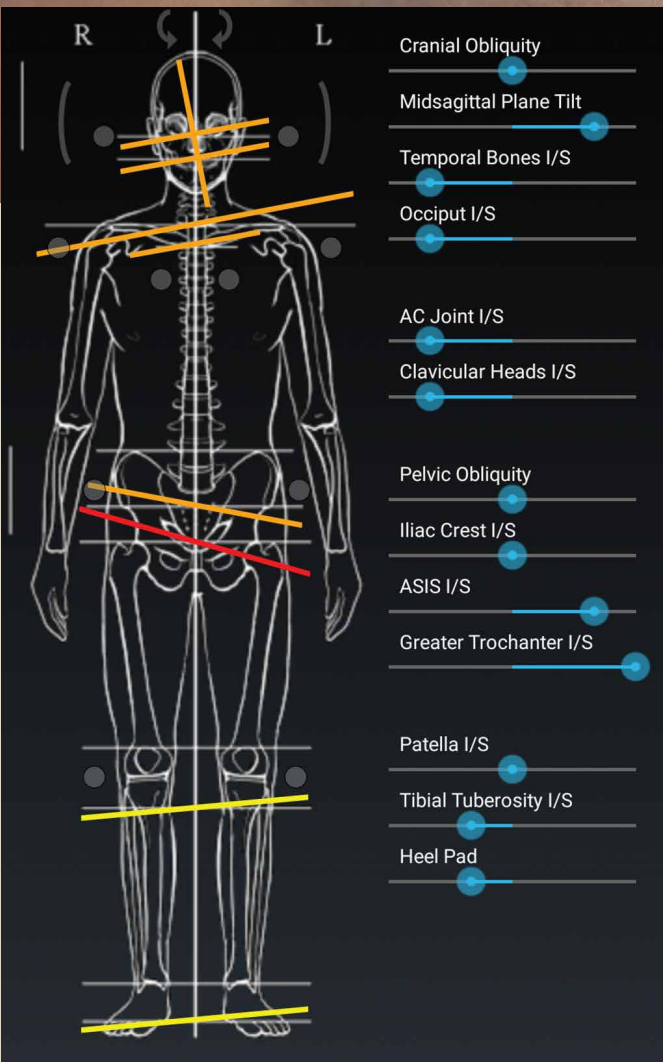




Neurosomatic Therapy

Neurosomatic Therapy (NST) is an integrative system of manual, soft tissue therapy that treats pain and dysfunction by addressing the source of the patient's condition, not just the symptoms.

Treating TMJD

Neurosomatic Therapists treat the muscles that directly cause TMJ pain and dysfunction. In order to effect long term relief, however, they do so much more. Cranial corrections assure that the temporal bone is not in a distorted position returning the proper position of the patient's occlusion. Atlas/axis work helps relieve headaches and migraines often accompanying TMJD. Balancing the patient's posture and hips helps assure that the patient is able to maintain the proper TMJ function resulting in enduring relief.

Relieve Chronic TMJ Pain

Neurosomatic Therapy (NST) delivers enduring pain relief

For some patients, common TMJD treatments fail to yield long-term relief. These treatments may not be addressing the root cause of the patient's pain symptoms. Our NST specialists offer comprehensive and lasting solutions by addressing the structural root causes of TMJD.



PAIN RELIEF

Manual therapy techniques release muscle spasms and trigger points. NST therapists treat all TMJ muscles, including intraoral techniques for pterygoids.

IMPROVED RANGE OF MOTION

Mobilizations reshape connective tissue. Exercises and stretches are given to improve ROM and maintain the reduced pain levels achieved in therapy.

Our Neurosomatic therapists use a blend of integrative manual therapy, corrective exercises, and patient education to treat chronic TMJ pain and dysfunction. By addressing root causes like muscle tightness and poor structural alignment, we create tailored plans that reduce pain and inflammation, enhance jaw stability, and empower patients with self-care strategies—all without invasive procedures.

LONG-TERM RESULTS

Cranial corrections, righting reflex, and postural work ensure that the root cause of TMJD is addressed, resulting in long-term relief.

NON-INVASIVE

NST is an effective treatment protocol that avoids the risks of surgery, i.e., nerve damage, complications, altered jaw structure, non-reversible effects, scarring, altered bite alignment, altered tooth integrity, and altered facial bone structure.



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